

# CURRICULUM VITAE

George Bampalis  
Orthopedic Surgeon



# CURRICULUM VITAE

SURNAME: Bampalis  
NAME: George  
DATE OF BIRTH: February 12, 1962  
BIRTHPLACE: Athens  
FAMILY STATUS: Married, 2 children  
ACCOMMODATION: Kantza Attiki ZIP 15351

## STUDIES

1980: Secondary Education Graduation  
1980: Introduction in the Military Medical School of Thessaloniki  
1986: Bachelor of Medicine, University of Thessaloniki with grade 8.5 (very good)  
1994: Graduation of specialization with the title of Orthopedic Surgeon

## Ph.D. WORKOUT

From 1991-1997 I studied a PhD Thesis, at School of Medicine, in University of Athens, in common of the Research Centre 'Musculoskeletal Diseases' I. Garofalidis "on: Bone resorption at the upper end of the femur after total hip replacement with and without bone cement. This work was accepted by the Evaluation Committee with the level 'excellent' in July-1997. NATIONAL ARCHIVES OF PhD THESES [www.phdtheses.ekt.gr](http://www.phdtheses.ekt.gr)  
TRAINING. 12 months postgraduate surgical experience, in Clinical Microsurgery and Hand Surgery at KAT (Center of Muscle-skeletal Trauma) Hospital, Athens (1999-2000)

## MEDICAL EXPERIENCE

October 1986 - October 1987: At 401 GSNA as trainee general practitioner  
October 1987 - October 1988: Director of the Centre for Medical Engineering in Nafplion  
October 1988 - November 1989: Practice in Orthopaedics at 401 General Army Hospital of Athens.  
November 1989 - November 1993: Practice in Orthopaedics at KAT Hospital (Orthopaedic Clinic, University of Athens).  
December 1993 - August 1995: Lecturer in Orthopaedic Department 401 General Army Hospital of Athens.  
August 1995 - October 1997: Head of the Orthopaedic Department of 496 Military Hospital Didymoteicho.  
October 1997 - October 2002: Lecturer in General Army Hospital of Athens.  
October 2002 - October 2003 - Director, 411 General Military Hospital of Tripoli.  
October 2003-2007: Head Assistant in Orthopaedic Department 401 General Army Hospital of Athens.  
October 2007-2009: Head Assistant in Orthopaedic Department 417 General Orthopaedic Hospital NIMTS  
August 2009, Head of the 2nd Orthopaedic Department of 401 General Military Hospital of Athens.  
August 2012, retired from the Army services with the rank of Brigadier.  
Since then, I continue to exercise the surgical specialty of Orthopaedics, partnering with IACO GENERAL, and the VIOKLINIKI Hospitals.

# CONTINUING MEDICAL EDUCATION

## THE PH.D. WORK.

From 1991-1997 I studied my PhD Work-Thesis, at School of Medicine in University of Athens, under the care of Research Centre 'Musculoskeletal Diseases' I. Garofalidis "on: Bone resorption at the upper end of the femur after total hip replacement with and without bone cement.

This PhD study was accepted by the Evaluation Committee with the level 'excellent' in 07-97. NATIONAL ARCHIVES OF PhD THESES [www.phdtheses.ekt.gr](http://www.phdtheses.ekt.gr)

## POSTGRADUATION WORK

12-month post-graduate training in microsurgery and injuries of the hand in Department of Microsurgery and Hand Surgery, KAT Hospital, 01/01/99 to 31/12/99

## PUBLICATIONS.

Measured patterns of proximal femoral bone loss in the same design THA using cementless and hybrid techniques. Ioannides T, Babalis G, Hartofilakides G. Department of Orthopaedic and Musculoskeletal Center «Th. Garofalides» Athens University. J.B.J.S [Br] 1997; 79-B SUPP 2 p.229.

Syndrome bounce through the head of the triceps. Diagnosis by ultrasound. Giannakopoulos CH, Babalis G, Acta Orthopaedica et Traumatologica Vol 51 No3 Year 2000 pp 42-45.

Prevention of posttraumatic hypoxemia in isolated lower limb long bone fractures with a minimal dose of corticosteroids. Babalis G, Yiannakopoulos Ch, Karliaftis K, Antonogiannakis E, Injury, Int. J. Care Injured, 2004, (35): 309-317. Journal of Bone and Joint Surgery [British] 2004; 86-B: Supp II p.189

Arthroscopic Shoulder Instability Reconstruction - 4 years experience-Learning curve-Technique tips and problems solution. G. Babalis, CH. Karambalis, et al Journal of Bone and Joint Surgery [British] 2004; 86-B: Supp II p.189-190

MRI Arthrography in recurrent shoulder instability. G. Babalis, \* CH, Karambalis \*, E. Galanopoulos, \* D. Giotikas, \* CK Karliaftis \*, E. Antonogiannakis \*, St. Lahanis \*\*, Ath. Plottas \*\*, \* 2nd Orthopaedic Department 401 Athens Military Hospital, \*\* MRI Department 401 Athens Military Hospital. Journal of Bone and Joint Surgery [British] 2004; 86-B: Supp II p.189

Arthroscopic reconstruction of Rotator cuff tears. E. Antonogiannakis, CH. Karambalis, Hiotis I, Giotikas D, E. Galanopoulos, G. Gialas, Papandreou M, G. Babalis. 2nd Orthopaedic Department 401 Athens Military Hospital. Journal of Bone and Joint Surgery [British] 2004; 86-B: Supp II p.189

Arthroscopic reconstruction of anterior shoulder instability. Technique mid-term results. Karliaftis K, G. Babalis et al. Arthroscopy, Vol.21 No 7 p.894, July 2005

Arthroscopic anterior cruciate ligament reconstruction using Quadriceps Tendon Autograft and Bioabsorbable Cross-Pin Fixation. Emmanuel Antonogiannakis, CH Yiannakopoulos, Ioannis Hiotis, Christos Karabalis and George Babalis

Arthroscopy. 2004 Jul; 20 Suppl 2:183-6. Yiannakopoulos CK, Chiotis I, Karabalis C, Babalis G, Karliaftis C, Antonogiannakis E. A simplified arthroscopic outside-in meniscus repair technique.

J Bone Joint Surg [Br] 2001;83 B: Anterior Cruciate Ligament reconstruction with quadriceps tendon autograft-Evaluation with MRI. K.Karliaftis, CKYiannakopoulos, G.Babalis, E.Antonogiannakis. Supp II: 172.

Arthroscopy, 2003, Vol 19 (6), Supp: 21.Intraoperative and late complications in arthroscopic anterior shoulder instability reconstruction. Karliaftis K, Antonogiannakis E, Yiannakopoulos CK, Labrinakos P, Babalis G, Karabalis C, Efstathiou.

Journal Bone Joint Surg - British Volume. 85-B Supplement III: 212-213, 2003. Arthroscopic reconstruction of co-existent bankart and slap lesions in patients with anterior shoulder instability. Technique-two years follow-up. Babalis G, Karliaftis C, Antonogiannakis E, Yiannakopoulos

Journal of Bone & Joint Surgery - British Volume. 86-B Supplement IV: 440, 2004.ACL reconstruction using the quadriceps tendon autograft: two year follow-up. Yiannakopoulos CK, Antonogiannakis E, Karliaftis K, Babalis G

J Bone Joint Surg 86B, p. 440, 2004. ACL reconstruction using the quadriceps tendon autograft: Two year follow up. C. Yiannakopoulos, E. Antonogiannakis, K. Karliaftis, G. Babalis

Greek Orthopaedic Surgery and Traumatology, 2000,52, Supp. 143 Examination under general anesthesia as a method to estimate the instability of the shoulder. G. Babalis et al.

Greek Orthopaedic Surgery and Traumatology, 2000,52, Supp, 27 The effect of corticosteroids on hypoxemia after long bone fractures of the lower extremities. Babalis G., C. Giannakopoulos, K. Kotsiopoulos, et al.

Greek Orthopaedic Surgery and Traumatology, 2000,52, Supp., 227, Arthroscopic restoration of anterior instability of the shoulder: comparison of bioabsorbable and metal anchors. E.Antonogiannakis, K.Karliaftis, Ch.K.Giannakopoulos, G.Bampalis, Ch.Karampalis.

Educational, Medical and Organizational Project Management

Instructor in arthroscopic surgery of the shoulder in the second workshop. Disorders of the shoulder - Newer concepts-methods for treatment, 21/4/2001, Auditorium 401 GSNA

Instructor in arthroscopic techniques of the shoulder and knee at the 5th International Seminar Arthroscopy and Sports Medicine and the 2nd Annual Symposium of the Department of Surgery and Arthroscopy knee EEXOT, Thessaloniki, 14-16 June 2001

Instructor at 2nd Seminar arthroscopy and arthroscopic surgery with international participation. 10-11 November 2001, Athens Evangelismos Hospital

Organizing Committee of the 3rd Workshop on Surgical treatment of diseases of the shoulder with an emphasis on arthroscopic surgery, Athens 2002.

Organizing Committee of the 4th Seminar in Arthroscopic Shoulder Surgery - From Theory to Practice. 28-29 March 2003 Amphitheatre GSNA 401, Athens

Instructor in arthroscopic surgery of the shoulder to the 4th Seminar Arthroscopy Surgery of the Shoulder - From Theory to Practice. 28-29 March 2003 Amphitheatre GSNA 401, Athens. Topics: Arthroscopic treatment of rotator cuff tears and arthroscopic repair of shoulder instability.

Organizing Committee sto Seminar Advances in Arthroscopic Surgery of the Shoulder, 15 January 2005, Auditorium 401 GSNA, Athens

Instructor at the conference: Arthroscopic technique in ACL plasty with the system ButtonHole Soffix, Athens, 19 March 2005.

Member of the organizing committee of the 3rd Workshop on developments in arthroscopic Shoulder surgery, Athens January 15, 2005.

Member of the organizing committee of the conference: Arthroscopic techniques in ACL plasty with the system ButtonHole Soffix, Athens, 19 March 2005

Member of the organizing committee of the 1st SHOULDER ARTHROSCOPY CADAVER AND DRY LAB WORKSHOP, Athens 12-13 January 2007, participation in training cadaver shoulders Institute of Medical and Biological Research, Academy of Athens (IIVEA).

Member of the organizing committee and instructor in practice in arthroscopic surgery of the shoulder in Shoulder Arthroscopy Course, Athens, March 8, 2007

Member of the organizing committee of the 2nd Training Seminar Arthroscopic Shoulder Surgery, 7-8 June 2007, Athens

Member of the Organizing and Scientific Committee at the second Congress of EAE, Athens, 14-16 June 2007

Bureau session in free communications to 2nd Congress of the Greek Society of Arthroscopy, Athens, June 16, 2007

Instructor at the workshop concerning the practice in cadaver shoulders in the seminar Arthroscopic Shoulder Surgery, 27-28 April 2007, Athens, Institute of Medical and Biological Research, Academy of Athens (IIVEA).

Instructor at the workshop concerning the practice in cadaver shoulders technical rehabilitation of ACL knee in the second Congress of EAE, Athens, June 14, 2007

Instructor in arthroscopy of the shoulder in cadaveric preparations in the third Seminar Shoulder and Elbow Trauma (Patras, 26-28/10/2007).

Member of the Organizing Committee of the 3rd Educational Seminar Arthroscopic Shoulder Surgery, 8-9 November 2007, IASO and Institute of Medical and Biological Research, Academy of Athens (IIVEA).

Instructor to exercise in cadaveric preparations in the third Seminar Arthroscopic Shoulder Surgery, November 9, 2007, Institute of Medical and Biological Research, Academy of Athens (IIVEA).

Member of the Organizing Committee of the 2008 Athens Shoulder Course, Athens, 27-28 March 2008.

Educational in internships in cadaveric preparations shoulder at 2008 Athens Shoulder Course, Athens, 27-28 March 2008. Institute of Medical and Biological Research, Academy of Athens (IIVEA).

Bureau at the 4th Seminar Arthroscopic Surgery and Sports Medicine, Athens, 11-12 April 2008.

Faculty in 1st Shoulder Arthroscopy Course, Upper Limb Committee, ESSKA, Athens, 31 October-1 November 2008. Institute of Medical and Biological Research, Academy of Athens (IIVEA).

Instructor in cadaveric preparations in arthroscopic surgery of the shoulder to the 1st Shoulder Arthroscopy Course, Upper Limb Committee, ESSKA, Athens, 31 October-1 November 2008. Institute of Medical and Biological Research, Academy of Athens (IIVEA).

Member of the organizing committee of the Workshop on Basic Arthroscopic techniques in knee and shoulder. Athens 19-20 March 2010, Institute of Medical and Biological Research, Academy of Athens (IIVEA).

Instructor in arthroscopic ACLplasty Seminar: Basic Arthroscopic techniques in knee and shoulder. Athens 19-20 March 2010, IIVEA

Faculty in 2nd Athens Shoulder Course, «Advances and Controversies in Shoulder Arthroscopy», 7-8 May 2010, Athens, Greece.

Instructor in arthroscopic surgery of the shoulder in cadaveric preparations to 2nd Athens Shoulder Course, «Advances and Controversies in Shoulder Arthroscopy», 7-8 May 2010, Athens, Greece.

Instructor in arthroscopic surgery of the shoulder in cadaveric preparations in 5th Seminar Arthroscopic Shoulder Surgery IACO GENERAL 6-7 May 2011 @ Institute of Medical and Biological Research, Academy of Athens (IIVEA).

Organizing Committee of the 4th Panhellenic Conference of the Greek Society of Arthroscopy Knee Surgery & Sports Injuries 22-25 June 2011, Aquilla Rithymna Beach Rethymnon Crete

Participation as a researcher in the clinical study EXPERT entitled 'use of fondaparinux sodium (ARIXTRA) in daily practice in patients undergoing major orthopedic surgery of the lower limbs. " Study Number C8843, 2004

Meeting under the auspices of the CEES. The war wounds. 14-15 January 2000. Auditorium 401 GSNA Organizing Committee, G. Babalis

College Workshop EEXOT, "Addressing the blunt trauma '05/03/1994 Auditorium 401 GSNA Organizing Committee, G. Babalis

Seminars in Surgical Anterior Cruciate Ligament Hotel 'Alexander 1-2 March 2003. Organizing Committee, G. Babalis

Seminars in Surgical Anterior Cruciate Ligament. Hotel 'Holiday Inn 12-13 April 2003. Organizing Committee, G. Babalis

Seminars in Surgical Anterior Cruciate Ligament. Hotel 'Holiday Inn 24-25 May 2003. Organizing Committee, G. Babalis

#### ANNOUNCEMENTS IN DOMESTIC CONGRESSES

15th Congress of Military Medicine, Thessaloniki 10-14 NOV 1994. The use of three-dimensional CT diagnostic treatment of orthopedic diseases. G. Bampalis, A. Iliadis, D. Papadopoulos, D. Aktypis, G. Gkialas, M. Ziogas. 401 General Army Hospital Orthopaedic Clinic.

3rd Congress Macedonia Thrace Sanni-Beach Hotel Chalkidiki 20-23 APR 98. Evaluation of reconstructed bone around the femoral stem after total hip replacement with and without PMMA. Study method DEXA. Th. Ioannidis, G. Bampalis, G. Gkialas, K. Mpariotas. Orthopaedic Clinic / University of Athens Research & Study Center of Bone Metabolism 'I. Garofalidis. "

17th Congress of Military Medicine, Thessaloniki 11-14 NOV 1998 "Index" bone remodeling. Evaluation method of periprosthetic bone mass remodeling. G. Babalis, C Gkialas, K. Bariotas I. Ioannidis. Orthopaedic Clinic, University / University of Athens, Research Center for the Study of Bone Metabolism 'I. Garofalidis. "

17th Congress of Military Medicine, Thessaloniki 11-14 NOV 1998 Types of functional deficiency of the anterior cruciate ligament and associated lesions in acute and chronic

instability. C Giannakopoulos, G. Papadopoulos, G. Babalis, K.Karliaftis, A. Chatziandreou. 1st Orthopaedic Dprtm401 General Army Hospital Orthopaedic Clinic.

17th Congress of Military Medicine, Thessaloniki 11-14 NOV 1998 Postoperative analgesia after endoscopic ACL plasty using intra-articular administration of bupivacaine or lidocaine. C Giannakopoulos,, Chatziandreou A., G. Babalis, K.Karliaftis, G. Papadopoulos.1rst Orthopaedic Dprtm. 401 General Army Hospital Orthopaedic Clinic.

Annual Conference of the Greek Society of Microsurgery and the Greek Society of Surgery of the Hand, Ancient Olympia 28 09/29/99 Rebound syndrome of the medial head of the triceps. Diagnosis by ultrasoundGiannakopoulos Ch, Babalis G. Department of Microsurgery and Hand Surgery, Hospital. KAT.

55th National Conference EEXOT 6-10 OCT 1999 Athens HILTON Eight and a half year follow-up of total hip replacement without cement.T. Ioannides Babalis G, T. Mantzilas, K. Bariotas, G. Papaletsos, Orthopedic Clinic of Surgery, University of Athens.

56th Congress EEXOT 11-15 Sept 2000 Athens Concert Hall, The surgical repair of coracoclavicular dislocation using synthetic polyester graft, Babalis G, B. Tzortzakis, K. Kotsiopoulos, A. Chatziandreou, K.Vavliakis, P. Lambrinakos E. Antonogiannakis, P. Efstathiou,2nd Orthopaedic Dprtm401 General Army Hospital Orthopaedic Clinic.

56th Congress EEXOT 11-15 Sept 2000 Athens Concert Hall Arthroscopic ACL reconstruction using a tendon graft from the quadriceps muscle, Karliaftis , G.Bampalis, et al. 401 General Army Hospital Orthopaedic Clinic.

56th Congress EEXOT 11-15 Sept 2000 Athens Concert Hall Arthroscopic ACL reconstruction using semitendinosus tendon graft and gracilis muscle, Karliaftis K, G.Bampalis, et al ,401 General Army Hospital Orthopaedic Clinic.

56th Congress EEXOT 11-15 Sept 2000 Athens Concert HallThe locking intramedullary nailing in the treatment of fractures of long tubular bones legs, E. Stamatis, Bampalis Get al, 2nd Orthopaedic Dprtm 401 GSNA

6th Congress EEXOT 11-15 Sept 2000 Athens Concert Hall,Arthroscopic detected lesions in unstable shouldersK. Karliaftis, G.Bampalis et al, 2nd Orthopaedic Dprtm 401 GSNA

56th Congress EEXOT 11-15 Sept 2000 Athens Concert Hall, Arthroscopic treatment of anterior instability of the shoulder - Early Results, Antonogiannakis E.,G.Bampalis, 2nd Orthopaedic Dprtm 401 GSNA

18th Congress of the Armed Forces. Dubai - November 2000  
The surgical repair of acromioclavicular dislocation using polyester synthetic graft  
Lars. Babalis G., et al 2nd Orthopaedic Dprtm 401 GSNA

18th Congress of the Armed Forces. Dubai - November 2000,Arthroscopic detected lesions in unstable shoulders. Karliaftis K., P. Lambrinakos E. Antonogiannakis,X. Giannakopoulos, G. Babalis, S. Anastasopoulos, P. Efstathiou.2nd Orthopaedic Dprtm 401 GSNA

18th Congress of the Armed Forces. Dubai - November 2000;The arthroscopic treatment of anterior shoulder instability-early results. Antonogiannakis E., G. Babalis, et al2nd Orthopaedic Dprtm 401 GSNA

57o Congress EEXOT 11-15 Sept.2001 Athens Concert Hall.Ankle ligament instability. Open repair (plastic) Outside Links DataK.Kotsiopoulos, G.Bampalis, et al, 401 General Army Hospital Orthopaedic Clinic.

57th Congress EEXOT 11-15 Sept.2001 Athens Concert Hall.The effect of corticosteroids on Hypoxemia after fractures of the long bones of the legs G.Bampalis, CH Giannakopoulos, 401 General Army Hospital Orthopaedic Clinic.

57th Congress EEXOT 11-15 Sept.2001 Athens Concert Hall.Study of intramedullary knee instability following rupture of the anterior cruciate ligament, using the arthrometer POLYETER.CH Giannakopoulos, G.Bampalis et al.401 General Army Hospital Orthopaedic Clinic.

57th Congress EEXOT 11-15 Sept.2001 Athens Concert Hall.Examination under general anesthesia as a method to estimate the instability of the shoulder. G.Bampalis, P.Lamprinakos, K.Kotsiopoulos, K.Karliaftis, E. Antonogiannakis HK G.Svolos Giannakopoulos, V.Tzortzakis.401 General Army Hospital Orthopaedic Clinic.

57th Congress EEXOT 11-15 Sept.2001 Athens Concert Hall.Treatment of instability of the shoulder to the method of thermal shrinkage.P.Lamprinakos, G.Mpampalis, K.Kotsiopoulos, V.Tzortzakis.  
401 General Army Hospital Orthopaedic Clinic.

57thCongress EEXOT 11-15 Sept.2001 Athens Concert Hall.Arthroscopic treatment of anterior shoulder instability. Results one year,K.Karliaftis, G.Bampalis, et al  
401 General Army Hospital Orthopaedic Clinic.

57th Congress EEXOT 11-15 Sept.2001 Athens Concert Hall.Using Patellar allografts in cases of rupture of Revision Anterior Cruciate Ligament. Early Results.V.Tzortzakis, G.Bampalis, P.Lamprinakos, S.Ivros, P.Mikalef.  
401 General Army Hospital Orthopaedic Clinic.

57th Congress EEXOT 11-15 Sept.2001 Athens Concert Hall.Arthroscopic repair of rupture of the anterior cruciate ligament with semitendinosus homologous graft lean Quad Beam and fixation with thigh Endobutton. Measurement of femoral-tibial tunnels. K.Kotsiopoulos, G.Bampalis, P.Lamprinakos, P.Mikalef, A.Deligeorgis, P.Efstathiou, V.Tzortzakis.401 General Army Hospital Orthopaedic Clinic.

57th Congress EEXOT 11-15 Sept.2001 Athens Concert Hall.Arthroscopiki restoration of anterior instability of the shoulder. Comparison of bioabsorbable and metal anchors.E. Antonogiannakis, K.Karliaftis, HK Giannakopoulos, G.Bampalis. Ch.Karampalis, K.Gatos, P.Efstathiou.  
401 General Army Hospital Orthopaedic Clinic.

1rst National Congress of Shoulder and Elbow Ledra Marriot Hotel 21-28 Απρ. 2002, Arthroscopic repair of anterior instability of the shoulder. Mid -Term results.E.Antonogiannakis, G.Mpampalis, CH Giannakopoulos, 401 General Army Hospital Orthopaedic Clinic.

1rst National Congress of Shoulder and Elbow Ledra Marriot Hotel 21-28 Απρ. 2002, SLAP Lesion. The damage of the upper marginal cartilage in patients with anterior instability. The identification of the lesion and its treatment.G.Bampalis, E.Antonogiannakis, K.Karliaftis, CH Giannakopoulos, P.Mikalef, P. Efstathiou.  
401 General Army Hospital Orthopaedic Clinic.

1rst National Congress of Shoulder and Elbow Ledra Marriot Hotel 21-28 Απρ. 2002, The sensitivity of clinical tests Crank & O'Brien test compared to MRI for the diagnosis of SLAP LesionG.Bampalis, E.Antonogiannakis, K.Karliaftis, Lambrinakis P, P. Efstathiou.  
401 General Army Hospital Orthopaedic Clinic.

1rst National Congress of Shoulder and Elbow Ledra Marriot Hotel 21-28 Απρ. 2002, Intraoperative Complications in arthroscopic repair of anterior instability of the shoulder.K.Karliaftis, E.Antonogiannakis, G.Bampalis, Ch.Karampalis, CH Giannakopoulos, P. Efstathiou.  
401 General Army Hospital Orthopaedic Clinic.



1st National Congress of Shoulder and Elbow Ledra Marriot Hotel 21-28 Apr. 2002, Arthroscopic repair of anterior instability of the shoulder with absorbable anchors, E. Antonogiannakis, K. Karliftis, G. Bampalis, 401 General Army Hospital Orthopaedic Clinic.

3rd ANNUAL SYMPOSIUM OF ARTHROSCOPY AND KNEE SURGERY Hotel Divani Apollon Palace 21-22 / 6/2002 Athens, Arthroscopic revision of ACL plasty, G. Bampalis, K. Karliftis, E. Antonogiannakis, Chr. Giannakopoulos, G. Papadopoulos, P. Efstathiou, 401 General Army Hospital Orthopaedic Clinic.

3rd ANNUAL SYMPOSIUM OF ARTHROSCOPY AND KNEE SURGERY Hotel Divani Apollon Palace 21-22 / 6/2002 Athens, The arthroscopically assisted repair of fractures of the tibial plateau and concomitant intra-articular lesions. G. Bampalis, K. Karliftis, E. Antonogiannakis, Chr. Giannakopoulos, G. Papadopoulos, P. Efstathiou, 401 General Army Hospital Orthopaedic Clinic

3rd ANNUAL SYMPOSIUM OF ARTHROSCOPY AND KNEE SURGERY Hotel Divani Apollon Palace 21-22 / 6/2002 Athens, Ankle ligament instability. Restoration-plastic of the ligaments. Kotsiopoulos, V. Tzortzakis, G. Bampalis, P. Efstathiou, K. Androulakis, A. Lilakis, Ch. Giannakopoulos, E. Gakis. 401 GSNA 2nd Orthopaedic Clinic and Orthopaedic Clinic of NIMTS.

3rd ANNUAL SYMPOSIUM OF ARTHROSCOPY AND KNEE SURGERY Hotel Divani Apollon Palace 21-22 / 6/2002 Athens, Use of patellar allograft in revision cases of anterior cruciate ligament. V. Tzortzakis, K. Kotsiopoulos, G. Bampalis, 401 GSNA 2nd Orthopaedic Clinic and Orthopaedic Clinic of NIMTS.

58th Congress EEXOT 22-28 OCT 2002 Hyatt Regency Hotel, Thessaloniki, Arthroscopic repair in combined SLAP & BANKART anterior glenohumeral lesions, 2 years postoperative follow up, BABALIS G., P. LAMPRINAKOS, K. KARLIAFTIS E. ANTONOGIANNAKIS, CH. GIANNAKOPOULOS, C. KARAMPALIS, 2nd Orthopaedic Clinic, 401 GSNA

58th Congress EEXOT 22-28 OCT 2002 Hyatt Regency Hotel, Thessaloniki, "CYCLOPS LESION" CAUSE OF PROGRESSIVE KNEE STIFFNESS following rupture of the anterior cruciate ligament. Report of 3 cases in 256 patients. BABALIS G., K. KARLIAFTIS, GER GKIALAS E. ANTONOGIANNAKIS, X. GIANNAKOPOULOS, F. Armakolas, A. HATZIANDREOU. 2nd ORTHOPAEDIC CLINIC 401 GSNA

58th Congress EEXOT 22-28 OCT 2002 Hyatt Regency Hotel, Thessaloniki, Nonunion tibia fractures. Dealing with lockable intramedullary nailing and reaming of the bone. E. Stamatis, Babalis G, et al 2nd ORTHOPAEDIC CLINIC 401 GSNA

58th Congress EEXOT 22-28 OCT 2002 Hyatt Regency Hotel, Thessaloniki, Arthroscopically assisted revision of the anterior cruciate ligament. Mid Term Results. BABALIS G., K. KARLIAFTIS E. ANTONOGIANNAKIS, 2nd ORTHOPAEDIC CLINIC 401 GSNA

58th Congress EEXOT 22-28 OCT 2002 Hyatt Regency Hotel, Thessaloniki, The combined role of arthroscopy & external fixation in the surgical treatment of fractures of the tibial condyles. BABALIS G., K. KARLIAFTIS, GER GKIALAS E. ANTONOGIANNAKIS, X. GIANNAKOPOULOS, P. MIKALEF E. KOULOULAS, 2nd ORTHOPAEDIC CLINIC 401 GSNA

58th Congress EEXOT 22-28 OCT 2002 Hyatt Regency Hotel, Thessaloniki, IMPORTANCE OF RECOVERY MODEL IN ACL-PLASTY. BABALIS G., K. KARLIAFTIS E. ANTONOGIANNAKIS, MIKALEF P., E. KOULOULAS G. KENTROS, C. THANASAS, F. Armakolas 2ND ORTHOPAEDIC CLINIC 401 GSNA

58th Congress EEXOT 22-28 OCT 2002 Hyatt Regency Hotel, Thessaloniki,  
POSTOPERATIVE KNEE STIFFNESS AFTER ACL –PLASTY. TREATMENT.BAMPALIS G.,  
K. KARLIAFTIS, GER GKIALAS E. ANTONOGIANNAKIS,X.GIANNAKOPOULOS,  
KARAMPALIS Ch, Ch THANASAS, F. Armakolas, P. Efstathiou, 2ND ORTHOPAEDIC  
CLINIC 401 GSNA

58th Congress EEXOT 22-28 OCT 2002 Hyatt Regency Hotel, Thessaloniki, The SURGICAL  
TREATMENT OF FRACTURES OF THE SPINE.,VAVLIAKIS K., N. ZERVAKIS, G.  
BABALIS, K. KARLIAFTIS, G. SAPKAS. 2ND ORTHOPAEDIC CLINIC 401 GSNA, 1RST  
ORTHOPAEDIC CLINIC UNIVERSITY OF ATHENS

4th Annual Symposium of the Department of Arthroscopy and Knee Surgery of E.E.CH.O.T. -  
Nafplio, June 2003 .ACL reconstruction using quadriceps tendon graft with and without bone  
block from the patella-comparison of results.E.Antonogiannakis, G. Babalis, K. Karliaftis, Ch.  
Giannakopoulos, I. Hiotis, I. Galanopoulos, Ch. Karabalis, I. Iliadis.2nd Orthopaedic  
Department, 401 General Military Hospital of Athens

4th Annual Symposium of the Department of Arthroscopy and Knee Surgery of E.E.CH.O.T. -  
Nafplio, in June 2003.Evaluation of anterior knee laxity with rolimeter knee tester-comparative  
study with clinical measurements and with KT-1000. I. Hiotis, Ch. Karabalis, M. Papandreou,  
I. Galanopoulos,E. Antonagiannakis, G. Babalis, A. Iliadis.2nd Orthopaedic Department, 401  
General Military Hospital of Athens

4th Annual Symposium of the Department of Arthroscopy and Knee Surgery of E.E.CH.O.T. -  
Nafplio, in June 2003.Arthroscopic findings in chronic anterior instability of the shoulder in  
males 18-30 years. Karliaftis K., E. Antonogiannakis, G. Babalis D. Giotikas J. Chiotis, Ch.  
Karabalis, Ch. Giannakopoulos. 2nd Orthopaedic Clinic, 401 General Military Hospital of  
Athens

4th Annual Symposium of the Department of Arthroscopy and Knee Surgery of E.E.CH.O.T. -  
Nafplio, in June 2003.Arthroscopic restoration of anterior shoulder instability. Technique,  
results after 3 years of follow-up .Antonogiannakis E., K. Karliaftis, Ch. Karabalis, Ch.  
Thanassis J. Chiotis, H. Galanopoulos, G. Babalis, 2nd Orthopaedic Clinic, 401 General  
Military Hospital of Athens

4th Annual Symposium of the Department of Arthroscopy and Knee Surgery of E.E.CH.O.T. -  
Nafplio, June 2003.Arthroscopic restoration of anterior shoulder instability with anchors  
without performing arthroscopic knot.Babalis G., H. Galanopoulos, C. Karabalis, K.  
Karliaftis,E. Antonogiannakis, 2nd Orthopaedic Clinic, 401 General Military Hospital of Athens

4th Annual Symposium of the Department of Arthroscopy and Knee Surgery of E.E.CH.O.T. -  
Nafplio, in June 2003.Intraoperative and late complications during arthroscopic repair of  
anterior instability of the shoulder. Antonogiannakis E., G. Babalis, K. Karliaftis, H.  
Galanopoulos, C. Karabalis, 2nd Orthopaedic Clinic, 401 General Military Hospital of Athens

59th Annual Orthopaedic Conference Athens Hilton 15-19 Okt. 2003,Shoulder Arthroscopy. 4  
years experience-learning-curve-Tech Problems-Solving, Babalis G., C. Karabalis, H.  
Galanopoulos, H. Giotikas, G. Gkialas, P. Lambrinakis E. Antonogiannakis, A. Iliadis.2nd  
Orthopaedic Clinic, 401 Athens General Military Hospital.

59th Annual Orthopaedic Conference Athens Hilton 15-19 Oct. 2003The reliability of  
arthrography in conjunction with MRI in chronic glenohumeral instability, 2nd Orthopaedic  
Clinic 401 Gen. Army Hosp, Radiology lab 401 GSNA, Babalis G., C. Karabalis, H.  
Galanopoulos, H. Giotikas S. Vegetables, A. Plottas E. Antonogiannakis, K Karliaftis.

59th Annual Orthopaedic Conference Athens Hilton 15-19 Oct. 2003, Arthroscopic treatment  
of rotator cuff tears of the shoulder. Technique. 401 GSNA 2nd Orthopaedic  
Clinic.Antonogiannakis E., C. Karabalis, K Karliaftis, G. Babalis J. Chiotis, H. Galanopoulos,  
Giotikas H., M. Papandreou, G. Gkialas.

59th Annual Orthopaedic Conference Athens Hilton 15-19 Oct. 2003, Shoulder Arthroscopy. Restoration of anterior instability. Technique Mid-term results, K.Karliaftis, C. Karabalis, G.Bampalis, H. Galanopoulos, I.Chiotis E. Antonogiannakis. 401 GSNA, 2nd Orthopaedic Clinic.

59th Annual Orthopaedic Conference Athens Hilton 15-19 Oct. 2003, Symptomatic Acromion type IV. Report of a case in 250 shoulder arthroscopies. 2nd Orthopaedic Clinic & \* Radiology lab 411 GSN, Babalis G., C. Karabalis, H. Galanopoulos, H. Giotikas, A. Plottas \*, E. Antonogiannakis, K. Karliaftis.

59th Annual Orthopaedic Conference Athens Hilton 15-19 Oct. 2003, A simple technique of arthroscopic meniscal suturing outside in, Ch.Yiannakopoulos, K.Karliaftis, C. Karabalis, G.Bampalis, E. Antonogiannakis. 2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

59th Annual Orthopaedic Conference Athens Hilton 15-19 Oct. 2003, Secondary lesions in acute and chronic anterior cruciate ligament, Ch. Yiannakopoulos, G.Bampalis et al, 2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

60th Annual Orthopaedic Conference Athens Hilton 6-9 Oct. 2004, CONSERVATIVE TREATMENT OF INDIVIDUAL tears of the posterior cruciate ligament. (5-14 YEARS F.U), X. Thanasas G. Babalis et al. 2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

60th Annual Orthopaedic Conference Athens Hilton 6-9 Oct. 2004, Instructions POINTS IN RECONSTRUCTION OF ACL, G. Babalis, Karabalis H., H. Mataragas, HK. Gianakopoulos, E Antonogianakis, K.Kostopoulos, K. Karliaftis, 2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

60th Annual Orthopaedic Conference Athens Hilton 6-9 Oct. 2004, The reborn hamstrings after donation for ACL plasty. STUDY WITH MRI. Babalis G., G. Stamatakis, H. Mataragas, Kórdakis A., A. Papatiriu HK. Gianakopoulos, Karabalis, G. Gkialas, E Antonogianakis. 2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

60th Annual Orthopaedic Conference Athens Hilton 6-9 Oct. 2004, COMPARATIVE STUDY OF SINGLE VS DOUBLE GRAFT STABILIZATION IN ACL-PLASTY. Babalis G., A. Papatiriu Mataragas H., K.Karliaftis E. Antonogianakis, K.Kostopoulos, N. Zervakis. 2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

60th Annual Orthopaedic Conference Athens Hilton 6-9 Oct. 2004, Arthroscopic partial tears of the rotator cuff. Antonogianakis E., C. Gianakopoulos, H. Galanopoulos, G. Stamatakis, Kórdakis A., A. Papatiriu, Babalis G., 2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

60th Annual Orthopaedic Conference Athens Hilton 6-9 Oct. 2004, Arthroscopic findings in anterior instability of the shoulder in relation to the number of dislocations before surgery. Antonogianakis E., C. Gianakopoulos J. Chiotis, D.Kostopoulos, G. Stamatakis, G. Babalis, 2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

60th Annual Orthopaedic Conference Athens Hilton 6-9 Oct. 2004, Arthroscopic treatment of calcific tendinitis of the shoulder. Antonogianakis E., C. Gianakopoulos J. Chiotis, D.Kostopoulos, A. Papatiriu, Mataragas H., G. Babalis, 2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

60th Annual Orthopaedic Conference Athens Hilton 6-9 Oct. 2004, Arthroscopic treatment of anterior instability of the shoulder. The effect of the learning curve in surgical outcome

Antonogianakis E., C. Gianakopoulos J. Chiotis, D.Kostopoulos, H. Mataragas, G. Stamatakis, G. Babalis  
2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

2nd National Congress of Shoulder and Elbow with International Participation, Athens, Eugenides Foundation 14-16 APR 2005.Arthroscopic findings in patients with chronic instability of the shoulder and multiple dislocations (over 20) G.Bampalis, G.Stamatakis, A.Lakoumentas, I.Mataragkas, A.Papasotiriou, V.Sdrakas, E.Antonogiannakis, Ch.Gianakopoulos.  
2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

2nd National Congress of Shoulder and Elbow with International Participation,Athens, Eugenides Foundation 14-16 APR 2005.The healing of the lesion after arthroscopic Bankart repair.E.Antonogiannakis, ChK.Gianakopoulos, D.Kostopoulos, G.Mpampalis,  
2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

2nd National Congress of Shoulder and Elbow with International Participation Athens, Eugenides Foundation 14-16 APR 2005.The success of arthroscopic surgery in the treatment of shoulder instability, E.Antonogiannakis, ChK.Gianakopoulos, D.Kostopoulos, G.Mpampalis.  
2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

2nd National Congress of Shoulder and Elbow with International Participation, Athens, Eugenides Foundation 14-16 APR 2005.Intraoperative Complications in arthroscopic repair of shoulder instability.ChK.Gianakopoulos, K. Karliaftis, D.Kostopoulos, G.Mpampalis, V.Sdrakas, D.Paridis, S.Spyrou, E.Antonogiannakis.2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

2nd National Congress of Shoulder and Elbow with International Participation, Athens, Eugenides Foundation 14-16 APR 2005.Correlation of preoperative imaging and intraoperative assessment of measuring the size of ruptures of the rotator cuff, Ch.Gianakopoulos, D.Kostopoulos, G.Bampalis, V.Sdrakas, G.Gkialas, A.Lakoumentas, E.Antonogiannakis. 2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

2nd National Congress of Shoulder and Elbow with International Participation, Athens, Eugenides Foundation 14-16 APR 2005.Arthroscopic shoulder instability. The development of the technique (5 years experience). G.Bampalis, A.Lakoumentas, I.Mataragkas, A.Papasotiriou, V.Sdrakas, E.Antonogiannakis, ChK.Gianakopoulos, G. Gkialas.2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

2nd National Congress of Shoulder and Elbow with International Participation, Athens, Eugenides Foundation 14-16 APR 2005.Arthroscopic excision of symptomatic acromioclavicular joint. Ch.Gianakopoulos, I.Mataragkas, S.Spyrou, V.Sdrakas, G.Bampalis, E.Antonogiannakis.  
2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

1st Panhellenic Conference of the Greek Society of Arthroscopy, Knee Surgery, 16-18 June 2005 Kempinski Hotel Queen Olga, Inflammation after ACL plasty, G.Bampalis, N. Tsilimingakis, A.Lakoumentas, I.Mataragkas, V.Sdrakas, E.Antonogiannakis, ChK.Gianakopoulos.2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

1st Panhellenic Conference of the Greek Society of Arthroscopy, Knee Surgery,16-18 June 2005 Kempinski Hotel Queen Olga, The value of arthroscopy of the shoulder in chronic glenohumeral instability.G.Bampalis, K.Karliaftis, A.Lakoumentas, I.Mataragkas, V.Sdrakas, E.Antonogiannakis, K. Kostopoulos Ch.Gianakopoulos.  
2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

61rst Annual Orthopaedic Conference Athens Hilton 12-15 Oct. 2005, Conservative management of ACL tears in occasional patients, The Mararagkas, Antonogianakis, C.

Gianakopoulos, D.Kostopoulos,G. Stamatakis, G. Babalis, 2nd Orthopaedic Dprtm 401 Athens Gen.Army Hosp.

## **INTERNATIONAL ANNOUNCEMENTS IN CONFERENCES**

3rd Common Meeting of the Cervical Spine Society, June 25-28, 1992, Athens Hilton.Injuries of the Lower Cervical Spine and Neurological Lesions.

G.Babalis, N. Efstathopoulos, Ch. Pattas, V. Maroulakis, D.S. Corres.Orthopaedic Department, Athens University

3rd Military Balkan Medicine Congress Athens May 10-13 May1998 Hotel KaravelProphylaxis against the fat embolism syndrome with corticosteroids. A 'safe' dose study

G Babalis, CKYiannakopoulos, C Karliaftis, A Chatziandreu,G. Papadopoulos.1st Orthopaedic Department, 401 Athens General Army Hospital.

3rd Military Balkan Medicine Congress Athens May 10-13 1998 Hotel Karavel. The analgesic effect of intra articular Bupivacaine after endoscopic synthetic ligament anterior cruciate ligament reconstruction.C.K.Yiannakopoulos, G Babalis, N. Lambaditis, G. Garas, G. Papadopoulos.1st Orthopaedic Department, 401 Athens General Army Hospital.

3rd Congress of the European Federation of National Associations of Orthopaedics and Traumatology. Barcelona, April 24-27, 1997.DEXA measured patterns of proximal femoral bone loss in the same design THA using cementless and hydrid techniques.Ioannides T, Babalis G, Hartofilakidis G.Orthopaedic Department, Athens University.

5th Balkan Military Medical Committee 25-28 Sept.2000 Ancara Turkey.ARTHROSCOPIC FINDINGS IN SHOULDER POST TRAUMATIC RECURRENT INSTABILITY.E.Stamatis, C.Karliaftis, P.Labrinakos, E.Antonogiannakis, G.Babalis, P.Mikalef, C.Thanassas, P.Efstathiou  
A Orthopedic Dptm 401 Hospital

5th Balkan Military Medical Committee 25-28 Sept.2000 Ancara Turkey.ARTHROSCOPIC REPAIR OF SHOULDER POST TRAUMATIC RECURRENT INSTABILITY - TECHNIQUE AND PRELIMINARY RESULTS. E.Antonogiannakis, E.Stamatis, P.Lamprinakos, K.Karliaftis, G.Babalis, Ch.Karabalis, N.Zerbakis, S.Anastasopoulos, P.Efstathiou. A Orthopedic Dptm 401 Hospital

5th Balkan Military Medical Committee 25-28 Sept.2000 Ancara Turkey.LOCKED INTRAMEDULLARY NAILING IN TREATMENT OF LOWER EXTREMITY SHAFT FRACTURES.E.Stamatis, P.Efstathiou, E.Antonogiannakis, C.Kotsiopoulos, C.Karliaftis, G.Babalis, A.Xatziandreu, P.Lamprinakos, V.Tzorzakis.A Orthopedic Dptm 401 Hospital.

5th International Congress of Arthroscopy and Sports Injuries.June 14-16 Hyatt Rygency Hotel Thessaloniki.Arthroscopic repair of rupture of the anterior cruciate ligament with semitendinosus homologous graft lean Quad Beam and fixation with thigh Endobutton. Early Results. K.Kotsiopoulos, G.Bampalis, P.Lamprinakos, P.Mikalef, A.Deligeorgis, G.Svolos, V.Tzortzakis.A Orthopedic Dptm 401 Hospital.

5th International Congress of Arthroscopy and Sports Injuries.June 14-16 Hyatt Rygency Hotel Thessaloniki.Thermal stabilization in anterior shoulder instability.P.Lamprinakos, V.Tzortzakis, G.Bampalis, K.Kotsiopoulos, P.Mikalef, A. Deligeorgis, S.Ivros.A Orthopedic Dptm 401 Hospital.

5th International Congress of Arthroscopy and Sports Injuries.June 14-16 Hyatt Rygency Hotel Thessaloniki.  
Using Patellar allografts in cases of rupture of Revision Anterior Cruciate Ligament. Early Results.V.Tzortzakis, K.Kotsiopoulos, G.Bampalis, P.Lamprinakos, S.Ivros, P.Mikalef.2ndOrthopedic Dptm 401 General Army Hospital.

5th International Congress of Arthroscopy and Sports Injuries. June 14-16 Hyatt Rygency Hotel Thessaloniki. Arthroscopic treatment of anterior shoulder instability. Results one year. V. Tzortzakis, P. Lamprinakos, G. Mpampalis, K. Kotsiopoulos, S. Ivros, P. Mikalef. 2nd Orthopedic Dptm 401 General Army Hospital

5th International Congress of Arthroscopy and Sports Injuries. June 14-16 Hyatt Rygency Hotel Thessaloniki. The experience of our clinic in arthroscopy of the ankle. K. Kotsiopoulos, P. Lamprinakos, G. Mpampalis, S. Ivros, P. Mikalef Ch. Petropoulos, V. Tzortzakis. 2nd Orthopedic Dptm 401 General Army Hospital

5th International Congress of Arthroscopy and Sports Injuries. June 14-16 Hyatt Rygency Hotel Thessaloniki. Arthroscopic ACL with 3 different techniques. Our complications. G. Bampalis, G. Svolos, K. Kotsiopoulos, P. Lamprinakos, C. Giannakopoulos, P. Mikalef, A. Deligeorgis, V. Tzortzakis. 2nd Orthopedic Dptm 401 General Army Hospital

5th International Congress of Arthroscopy and Sports Injuries. June 14-16 Hyatt Rygency Hotel Thessaloniki. Arthroscopic repair of rupture of the anterior cruciate ligament with semitendinosus homologous graft lean Quad Beam and fixation system of Marc II Surgicraft. Early results. G. Bampalis, G. Svolos, Ch. K. Giannakopoulos, K. Kotsiopoulos, P. Lamprinakos, P. Mikalef, A. Deligeorgis, V. Tzortzakis. 2nd Orthopedic Dptm 401 General Army Hospital

5th Congress of the European Federation of National Associations of Orthopaedics and Traumatology. Rhodes Greece 3-7 June 2001. ARTHROSCOPIC THROUGH THE TOP ACL RECONSTRUCTION USING A QUADRUPLED SEMITENDINOSUS-GRACILIS TENDON GRAFT. K. Karliaftis, E. Antonogiannakis, CK. Yiannakopoulos, G. Babalis, P. Efstathiou, G. Gialas. 2nd Orthopaedic Department, 401 General Army Hospital, Athens, Greece.

5th Congress of the European Federation of National Associations of Orthopaedics and Traumatology. Rhodes Greece 3-7 June 2001. ARTHROSCOPIC ACL RECONSTRUCTION USING QUADRICEPS TENDON AUTOGRAFT. Antonogiannakis E, Karliaftis K, Yiannakopoulos CK, Babalis G, Efstathiou P, Kostopoulos . 2nd Orthopaedic Dept., 401 General Army Hospital, Athens, Greece.

5th Congress of the European Federation of National Associations of Orthopaedics and Traumatology. Rhodes Greece 3-7 June 2001. Anterior cruciate ligament reconstruction with quadriceps tendon autograft-evaluation with MRI, Karliaftis K. Yiannakopoulos C.K. Babalis G. Antonogiannakis E. 2nd Orthopaedic Dept., 401 General Army Hospital, Athens, Greece

6th Congress of Balkan Military Medical Committee, Plovdiv Bulgaria 1-3 OCT 2001, Arthroscopic ACL Reconstruction using Quadrupled Hamstrings Autografts. K. Karliaftis, E. Antonogiannakis, CK. Yiannakopoulos, G. Babalis, C. Karambalis, L. Papoulias, P. Efstathiou. 2nd Orthopaedic Dept., 401 General Army Hospital, Athens, Greece

6th Congress of Balkan Military Medical Committee, Plovdiv Bulgaria 1-3 OCT 2001, Arthroscopic ACL reconstruction using the middle third of the Quadriceps tendon. E. Antonogiannakis, K. Karliaftis, CK. Yiannakopoulos, G. Babalis, C. Karambalis, L. Papoulias, P. Efstathiou

12th Balkan Athletes Congress, Macedonia Palace, Thessaloniki 21-24 March 2002. Arthroscopic ACL reconstruction with autologous semitendinosus graft lean. Accelerating or decelerating rehabilitation program? G. BABALIS, PAPOULIAS L, K. KARLIAFTIS E. ANTONOGIANNAKIS, 2nd Orthopaedic Dept., 401 General Army Hospital, Athens, Greece

12th Balkan Athletes Congress, Macedonia Palace, Thessaloniki 21-24 March 2002. Postoperative knee stiffness after arthroscopic anterior cruciate ligament reconstruction. Prevention - Causes - Treatment. BABALIS G., C. KARAMPALIS E. ANTONOGIANNAKIS, 2nd Orthopaedic Dept., 401 General Army Hospital, Athens, Greece

ISAKOS Congress March 10-14 2003 Auckland New Zealand, Aotea Center. Revision of failed anterior cruciate ligament reconstruction. Arthroscopy assisted technique, mid-term

follow - up.G.Babalis, Gr.Papadopoulos, K.Karliftis, E.Antonogiannakis, CKYiannakopoulos,, P.Efstathiou.1rst & 2nd Orthopaedic Department, 401 General Army Hospital, Athens, Greece.

ISAKOS Congress March 10-14 2003 Auckland New Zealand, Aotea Center.Arthroscopic assisted reduction and minimal osteosynthesis of intraarticular tibial plateau fractures. Med-term results .G.Babalis, Gr.Papadopoulos, K.Karliftis, E.Antonogiannakis, CKYiannakopoulos,, P.Efstathiou.1rst & 2nd Orthopaedic Department, 401 General Army Hospital, Athens, Greece.

ISAKOS Congress March 10-14 2003, Auckland New Zealand, Aotea Center.Intraoperative and late complications in arthroscopic anterior shoulder instability reconstruction.K.Karliftis, E.Antonogiannakis, C.Yiannakopoulos, G.Babalis, Ch. Karambalis, P.Efstathiou. 2nd Orthopaedic Department, 401 General Army Hospital, Athens, Greece.

First Italian-Greek Congress of Shoulder Surgery, Rotator cuff and SHOULDER PROSTHESES, Congress Center Pietro DAbano, (Padua) Italy, May 2003The reparable massive rotator cuff tears,G. Babalis

6th EFFORT Congress Helsinki June 2003, Extra-articular "foreign body reaction" to polyester material after autologous hamstrings reconstruction of anterior cruciate ligament. A case report.Babalis G, Karliftis C, Karabalis Ch, Galanopoulos E, Sabaziotis D, Antonogiannakis E.401 Athens General Military Hospital, 2nd Orthopaedic Department

6th EFFORT Congress Helsinki June 2003. Arthroscopic Bankart repairusing suture anchors. Factors related to recurrence of instability.Antonogiannakis E., Karabalis Ch, Karliftis C, Babalis G, Galanopoulos E, CH Yiannakopoulos, A. Iliades. 401 Athens General Military Hospital, 2nd Orthopaedic Department.

6th EFFORT Congress Helsinki June 2003,Evaluation of anterior knee laxity using the Rolimeter knee tester. A comparison study using the manual assessment and KT-1000 arthrometer measurements.Karliftis C, Antonogiannakis E., Karabalis Ch,, Babalis G, CH Yiannakopoulos, H. Thanasas, P. Efstathiou.401 Athens General Military Hospital, 2nd Orthopaedic Department.

8th Congress of Balkan Military Medical Comitee,Cluj, Napoca Romania Sept. 21-24, 2003.Arthroscopic treatment of Anterior shoulder instability. 3 years follow up. K. Karliftis,, Babalis G, Antonogiannakis E., Karabalis Ch, CH Galanopoulos, Giotikas D, Kefalas I. . 401 Athens General Military Hospital, 2nd Orthopaedic Department.

8th Congress of Balkan Military Medical Comitee,Cluj, Napoca Romania Sept. 21-24, 2003.Extra-articular "foreign body reaction" to polyester material after autologous hamstrings reconstruction of anterior cruciate ligament. A case report.Babalis G, Karabalis Ch, Galanopoulos E, Giotikas D, Kapoutsis D, S. Anastasopoulos, A. Iliades. . 401 Athens General Military Hospital, 2nd Orthopaedic Department.

11th ESSKA Congress - World Sport Injuries Congress, Athens Hilton May 5-8 2004, ANATOMIC REPRODUCIBLE LANDMARKS IN ANTERIOR CRUCIATE LIGAMENT RECONSTRUCTIVE SURGERY. Babalis G, Karambalis Ch, Yiannakopoulos Ch \*, Karliftis, K, Gialas.2nd Orthopaedic Department 401 Athens General Military Hospital--\* Mayday Hospital, London UK.

11th ESSKA Congress - World Sport Injuries Congress, Athens Hilton 5-8 May 2004, ACL HAMSTRINGS RECONSTRUCTION SURGERY.GRAFT AND DONOR SITE EVALUATION WITH MRI (2-YEARS POST OP) Babalis G, Karambalis Ch, Yiannakopoulos Ch \*.2nd Orthopaedic Department 401 Athens General Military Hospital, \* Mayday Hospital, London UK.

11th ESSKA Congress - World Sport Injuries Congress, Athens Hilton 5-8 May 2004, Arthroscopically assisted percutaneous meniscus repair, Yiannakopoulos Ch, Babalis G,

Karambalis Ch, Chiotis I, Karliaftis K, Antonogiannakis E. 2nd Orthopaedic Department 401 Athens General Military Hospital.

11th ESSKA Congress - World Sport Injuries Congress, Athens Hilton 5-8 May 2004  
Arthroscopic repair of rotator cuff tears. -Short term results-Technique. Yiannakopoulos Ch, Galanopoulos E, Babalis G, Karambalis Ch, Chiotis I, Karliaftis K, Antonogiannakis E. Chatziargiropoulos Th. 2nd Orthopaedic Department 401 Athens General Military Hospital.

11th ESSKA Congress - World Sport Injuries Congress, Athens Hilton 5-8 May 2004  
Arthroscopic reconstruction of anterior shoulder instability. Technique and results after 4 years follow up. Chiotis I, Antonogiannakis E, Yiannakopoulos Ch, Karambalis Karliaftis K, Babalis G, 2nd Orthopaedic Department 401 Athens General Military Hospital

9th Congress of Balkan Military Medical Committee 21-24 June 2004, Antalya Turkey. Periprosthetic Bone Remodelling after total hip arthroplasty. Babalis G, \*, Ch Karambalis \* Th. Ioannidis. \*\*\* 2nd Orthopaedic Department 401 Athens Military Hospital, \*\* Orthopaedic Department Athens University.

9th Congress of Balkan Military Medical Committee, 21-24 June 2004, Antalya Turkey. Tibial plateau fractures. The role of arthroscopy and hybrid external fixator frames. Follow up 2-5 years post-op. \* G. Babalis, \* Ch. Karambalis, \* E. Antonogiannakis, \*\* CK Yiannakopoulos, \* D. Kostopoulos, E. Galanopoulos, D. Giotikas. \* 2nd Orthopaedic Department, 401 General Army Hospital, Athens, Greece

## **INVITED LECTURER ON MEETINGS AND CONFERENCES**

College Workshop EEHOT, "Addressing the blunt trauma"  
05/03/1994 Auditorium 401 GSNA  
G. Babalis speaker: Fat embolism, Prevention and Treatment.

College Conference EEHOT 'War Wounds' Auditorium 401 GSNA  
14 & 15/01/00 Speaker Babalis G.: The war wounds to the upper end. Treatment.

College Conference EEHOT 4 & 5 -02-2000, 401 GSNA. Shoulder disorders. Newer views, Speaker Babalis G.: Anterior instability of the shoulder.

College Workshop EEHOT, Diseases of the knee Auditorium 401 GSNA April 7, 2001,  
Speaker Babalis G.: Complications in anterior cruciate ligament-plasty

College Workshop CEES 21/04/2001, 401 GSNA. Arthroscopic shoulder disorders.  
Review. Speaker Babalis G.: Thermal shrinkage in anterior instability of the shoulder.

57th Congress EEHOT 11-15 Sept. 2001 Athens Concert Hall. 'War Wounds' Speaker Babalis G.: The war wounds to the upper end. Treatment.

First Italian-Greek Congress of Shoulder Surgery, Rotator cuff and SHOULDER PROSTHESES, Congress Center Pietro D'Abano, (Padua) Italy, May 2003. The reparable massive rotator cuff tears. G. Babalis

7th DAY SPINE CEES, Spinal Stenosis -Review, Auditorium Athens 02.03.02  
'P. Konialidi'. Speaker Babalis G.: Bone grafts - Application to Spinal fusion.

College Workshop CEES 07/06/02, 401 GSNA. Modern treatment of diseases with emphasis on shoulder arthroscopic surgery. Speaker Babalis G.: Arthroscopic treatment of shoulder instability



58th Congress EEXOT 22-28 OCT 2002 Hyatt Regency Hotel, Thessaloniki, Speaker G. Babalis, Lecture: The athlete thrower: Pathogenesis and troubleshooting.

4th Medical Symposium 412 GSN Xanthi.Roundtable, Diseases and Injuries of the Spine - Speaker G. Babalis, Injuries in T.horacolumbar region.24 to 26 January 2003, Auditorium University of Xanthi.

Seminars in Surgical Anterior Cruciate Ligament.Hotel 'Holiday Inn 24 May 2003.G. Babalis: The recovery technique of anterior cruciate ligament in our clinic using 4- strand gracilis & semitendinosus and fixation with Marc II Soffix. Our workout at 401 GSNA.

Seminars in Surgical Anterior Cruciate Ligament.Hotel 'Alexander 1-2 March 2003.G. Babalis: The recovery technique of anterior cruciate ligament in our clinic using 4- strand gracilis & semitendinosus and fixation with Marc II Soffix. Our workout at 401 GSNA.

Seminars in Surgical Anterior Cruciate Ligament.Hotel 'Holiday Inn 12-13 April 2003. G. Babalis: The recovery technique of anterior cruciate ligament in our clinic using 4- strand gracilis & semitendinosus and fixation with Marc II Soffix. Our workout at 401 GSNA.

9th Seminar Biomechanics of the Spine. 28-29-30 November 2003.Speaker G. Babalis: Immunobiology of bone grafts

8th DAY SPINE LESSONS,Spinal Stenosis.  
Athens December 6, 2003 Amphitheatre 'P.Konialidi'  
Speaker Babalis G.: Bone Grafts in Spinal fusion.

Targon Interlocking Nailing Course, 26 Feb. 2005 Amphitheatre Vamvas Medicals, Athens.G. Babalis Lecture, Intramedullary nailing of tibial nail Targon

Arthroscopic ACL Techniques, Auditorium March 19, 2005 401 GSNA Athens. G. Babalis, Lecture , Revision ACLplasty using the site over the top.

61th Annual Orthopaedic Conference Athens Hilton 12-15 Oct. 2005. Lecture. The role of acromioplasty during surgical repair of the rotator cuff. G. Babalis

Arthroscopic shoulder surgery in cadaveric preparations, (2nd Athens Shoulder Course), «Advances and Controversies in Shoulder Arthroscopy», 7-8 May 2010, Athens, Greece. Lecture. SLAP and Internal Impingement, G. Babalis

3rd Panhellenic Conference of the Greek Society of Arthroscopy,25-28 June 2009, Crete, Creta Maris Xen  
Lecture, Arthroscopic repair of acute anterior shoulder instability, G. Babalis

5th Seminar Arthroscopic Shoulder Surgery, IACO GENERAL 6-7 May 2011, Lecture, Athroscopic anterior instability repair, G. Babalis

4th Panhellenic Conference of the Greek Society of Arthroscopy Knee Surgery & Sports Injuries, 22-25 June 2011, Aquilla Rithymna Beach Rethymnon Crete,Lecture, Arthroscopic treatment of calcific tendinitis of the shoulder,G. Babalis

## **MEMBERSHIP**

Full member of the Board EEHOT and shoulder Dprtm.  
Member of the Society for the Study of Bone Metabolism.  
Regular Member of the Greek Foundation osteoporosis.  
Regular Member of the Greek Society of Arthroscopy.  
AAOS member (American Academy of Orthopaedic Surgeons)  
Associate member of ISACOS (International Society of Knee Surgery and Arthroscopy)

## **VOLUNTEER ACTION**

- 1.Olympic Games 2004, Medical Unit Marathon coverage with care DYG / GES.
2. Doctor of Medical Social Mission, in care of the ISA and the Archdiocese, Sevastopol 113, every Thursday 12.00-14.00 tel.210-3847374, for the homeless and uninsured patients.
3. Prospect control scoliosisfor students of elementary schools in Geraka-Pallini for the school year 2012-2013.